

**WILD WOMEN EXPEDITIONS**  
**RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS, AND**  
**IDEMNITY AGREEMENT**  
(hereinafter the "Release Agreement")

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE  
RIGHT TO SUE. PLEASE READ CAREFULLY.

For participants who are 18 years or older.

To be used for basecamp retreats.

Participant Name: \_\_\_\_\_

Name of Trip: \_\_\_\_\_ Date of Trip: \_\_\_\_\_

**TO:**  
Wild Women Expeditions Inc., and its directors, employees, agents, representatives, independent contractors, subcontractors, sponsors, successors and assigns (all of whom are hereinafter collectively referred to as the "Releasees").

**DEFINITIONS:**  
In this Release Agreement:  
The term "basecamp retreat" shall include all activities, events, and services provided, arranged, organized, conducted or authorized by the Releasees as outlined in the Wild Women Expeditions Inc. brochure and website. This shall include but is not limited to: use of facilities, use of equipment, orientation and instruction, and other activities, events and services in any way connected to the basecamp retreat.

**HEALTH AND FITNESS PREREQUISITES:**  
I understand that the basecamp retreat that I have registered for takes place at a wilderness retreat where I will be exposed to the natural environment. Though the basecamp facility has some modern amenities, I understand that that the majority of the activities that I have registered for will be taking place in the outdoors. Therefore, I affirm that I am in good physical health and capable in participating in the retreat activities. I have been advised to consult my medical practitioner if I have any concerns about my health, fitness, or pre-existing medical conditions (such as allergies) prior to the start of the basecamp retreat. I agree that I have disclosed all health concerns on my registration form and informed Wild Women Expeditions' office in writing of any new health concerns since my initial registration, in advance of my arrival. Further, I understand and agree that it is my responsibility to ensure that I have adequate medial coverage, disability insurance, or any other necessary insurance prior to the start of the retreat.

**TRIP POLICIES:**  
I understand and agree to refrain from the use of any vehicle, watercraft or bicycle if I am under the influence of an intoxicant during this program. I understand and agree to refrain from the use of any intoxicants while on an active portion of this Wild Women Expeditions Inc. wilderness retreat.

Initial that you have read and understood the Health and Fitness Prerequisites and Trip Policies \_\_\_\_\_

**ASSUMPTION OF RISKS:**

I am aware that basecamp retreat I have registered for has many inherent risks, including but not limited to:

- Transportation provided in a vehicle, train, or plane that someone other than I will be operating
- Slips or falls on uneven terrain, and other environmental hazards
- Hypothermia, heat exhaustion or heat stroke, dehydration
- Insect bites, sunburn, windburn
- Musculoskeletal injuries such as sprains, strains, fractures, or dislocations
- Injury or illness resulting from remoteness (the inability to access rescue and professional medical help)
- Injury or illness resulting from rodents, birds, ticks and other insects, deer and other large animals, or the water borne Giardia parasite

**I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH PARTICIPATING IN THE BASECAMP RETREAT AND I FREELY ACCEPT AND ASSUME RESPONSIBILITY FOR ALL RISKS, DANGERS AND HAZARDS ASSOCIATED WITH THE BASECAMP RETREAT. I UNDERSTAND THAT THESE RISKS, DANGERS AND HAZARDS COME WITH THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE OR LOSS RESULTING THEREFROM.**

Initial that you have read and understood the assumption of risks \_\_\_\_\_

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND IDEMNITY AGREEMENT:**

In consideration of being permitted to participate in the basecamp retreat as defined by the Wild Women Expeditions Inc. brochure, website and this Release Agreement, I agree as follows:

- To waive any and all claims that I have or may have in the future against the Releasees arising out of any aspect of my participation in the basecamp retreat. I understand that Wild Women Expeditions Inc. shall not be responsible for any delay, loss, injury, damage, accident, illness or death howsoever caused.
- To release the Releasees from any and all liability for any loss, damage, expense or injury, including death, that I may suffer or that my next of kin may suffer as a result of my participation in the basecamp retreat.
- To hold harmless and indemnify (reimburse) the Releasees for all actions, damages or costs arising from or in any way connected with my participation in the basecamp retreat.

This Release Agreement shall be governed by and interpreted in accordance with the laws of the Province of Ontario. Any litigation involving the parties of this Release Agreement shall be brought within the Province of Ontario.

I hereby release and forever discharge Wild Women Expeditions Inc., its directors, employees, agents, representatives, independent contractors, subcontractors, sponsors, successors and assigns from any and all claims, however arising, which may be sustained by me in connection with my participation in this programme. I confirm that I have read and understood this Release Agreement prior to signing it, and agree that this Release Agreement is binding on me, my heirs, executors, administrators, and assigned.

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Name of Participant (please print clearly)

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Name of Witness (WWE staff)

\_\_\_\_\_  
Signature of Witness