

**WILD WOMEN EXPEDITIONS**  
**RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS, AND**  
**IDEMNITY AGREEMENT**  
(hereinafter the "Release Agreement")

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE  
RIGHT TO SUE. PLEASE READ CAREFULLY.

To be used for the Girls' Programmes

To be filled out by the adult participant on behalf of both.

Name of Participant over age 18: \_\_\_\_\_

Name of Participant under age 18: \_\_\_\_\_

Date of Trip: \_\_\_\_\_

**TO:**  
Wild Women Expeditions Inc., and its directors, employees, agents, representatives, independent contractors, subcontractors, sponsors, successors and assigns (all of whom are hereinafter collectively referred to as the "Releasees").

**DEFINITIONS:**  
In this Release Agreement:  
The term "girls' programme" shall include all activities, events, and services provided, arranged, organized, conducted or authorized by the Releasees as outlined in the Wild Women Expeditions Inc. brochure and website. This shall include but is not limited to: use of facilities, use of equipment, orientation and instruction, and other activities, events and services in any way connected to the girls' programme.

**HEALTH AND FITNESS PREREQUISITES:**  
I understand that participating in wilderness activities, such as those outlined in the girls' programme, can place unusual stresses on the body, and that to participate in a Wild Women Expeditions Inc. sanctioned trip I, and the minor in my care, must be in good physical health and reasonably fit. We have been advised to consult my medical practitioner if we have any concerns about my health, fitness, or pre-existing medical conditions (such as allergies) prior to the start of the programme. I agree that I have disclosed all health concerns on our registration forms and informed Wild Women Expeditions' office in writing of any new health concerns since my initial registration, in advance of my arrival. Further, I understand and agree that it is my responsibility to ensure that we have adequate medial coverage, disability insurance, or any other necessary insurance prior to the start of the trip.

**TRIP POLICIES:**  
By registering for the girls' programme, which includes a canoe trip, I affirm that both myself and the minor in my care are able to swim, and/or able to keep my head above water under our own powers.  
I understand that I am responsible for the safety of the minor in my care for the entire duration of the girls' programme. I agree to refrain from the use of any intoxicants while on the active portion of a Wild Women Expeditions Inc. adventure and understand that my failure to abide by this agreement will result in the termination of services from Wild Women Expeditions Inc.  
I have reviewed the recommended personal equipment list that was sent to me by Wild Women Expeditions Inc. and that I have packed accordingly. Any revisions that were made were done to reflect our medical needs, ages, weather, and any other reasons that I judged as necessary.

Initial that you have read and understood the Health and Fitness Prerequisites and Trip Policies \_\_\_\_\_

**ASSUMPTION OF RISKS:**

I am aware that the girls’ programme I have registered for has many inherent risks, including but not limited to:

- Transportation provided on the trip in a vehicle, train, or plane that someone other than I will be operating
- Falls on boat decks, docks, or slippery terrain, especially at the waters edge while entering or exiting the watercraft
- Portages
- Gales and strong winds, fog, or other environmental hazards
- Hypothermia, heat exhaustion or heat stroke, dehydration
- Insect bites, sunburn, windburn
- Musculoskeletal injuries such as sprains, strains, fractures, or dislocations
- Injury or illness resulting from remoteness (the inability to access rescue and professional medical help)
- Injury or illness resulting from rodents, birds, ticks and other insects, deer and other large animals, or the water borne Giardia parasite
- Immersion in cold water, or drowning
- Other hazards particular to the terrain, lake or river

**I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH PARTICIPATING IN THE GIRLS’ PROGRAMME AND I FREELY ACCEPT AND ASSUME RESPONSIBILITY FOR ALL RISKS, DANGERS AND HAZARDS ON LAND AND WATER ASSOCIATED WITH THIS TRIP. I UNDERSTAND THAT THESE RISKS, DANGERS AND HAZARDS COME WITH THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE OR LOSS RESULTING THEREFROM.**

Initial that you have read and understood the assumption of risks \_\_\_\_\_

**RELEASE OF LIABILITY, WAIVER OF CLAIMS AND IDEMNITY AGREEMENT:**

In consideration of being permitted to participate in the girls’ programme as defined by the Wild Women Expeditions Inc. brochure, website and this Release Agreement, I agree as follows:

- To waive any and all claims that I have or may have in the future against the Releasees arising out of any aspect of our participation in the girls’ programme. I understand that Wild Women Expeditions Inc. shall not be responsible for any delay, loss, injury, damage, accident, illness or death howsoever caused.
- To release the Releasees from any and all liability for any loss, damage, expense or injury, including death, that we may suffer or that our next of kin may suffer as a result of our participation in the girls’ programme.
- To hold harmless and indemnify (reimburse) the Releasees for all actions, damages or costs arising from or in any way connected with my participation in the girls’ programme.

This Release Agreement shall be governed by and interpreted in accordance with the laws of the Province of Ontario. Any litigation involving the parties of this Release Agreement shall be brought within the Province of Ontario.

I hereby release and forever discharge Wild Women Expeditions Inc., its directors, employees, agents, representatives, independent contractors, subcontractors, sponsors, successors and assigns from any and all claims, however arising, which may be sustained by us in connection with our participation in this programme. I confirm that I have read and understood this Release Agreement prior to signing it, and agree that this Release Agreement is binding on me, my heirs, executors, administrators, and assigned.

\_\_\_\_\_  
Today’s Date

\_\_\_\_\_  
Name of Participant over 18 (please print clearly)      Signature of Participant

\_\_\_\_\_  
Name of Witness (WWE staff)      Signature of Witness