

WILD WOMEN EXPEDITIONS
RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS, AND
IDEMNITY AGREEMENT
(hereinafter the "Release Agreement")

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE
RIGHT TO SUE. PLEASE READ CAREFULLY.

For participants who are 18 years or older.

To be used for flatwater canoeing or kayaking trips.

Participant Name: _____

Name of Trip: _____ Date of Trip: _____

TO:
Wild Women Expeditions Inc., and its directors, employees, agents, representatives, independent contractors, subcontractors, sponsors, successors and assigns (all of whom are hereinafter collectively referred to as the "Releasees").

DEFINITIONS:
In this Release Agreement:
The term "flatwater canoeing or kayaking trip" shall include all activities, events, and services provided, arranged, organized, conducted or authorized by the Releasees as outlined in the Wild Women Expeditions Inc. brochure and website. This shall include but is not limited to: use of facilities, use of equipment, orientation and instruction, and other activities, events and services in any way connected to the flatwater canoeing and kayaking adventure.

HEALTH AND FITNESS PREREQUISITES:
I understand that participating in a flatwater canoeing or kayaking trip can place unusual stresses on the body, and that to participate in a Wild Women Expeditions Inc. sanctioned trip I must be in good physical health and reasonably fit. I have been advised to consult my medical practitioner if I have any concerns about my health, fitness, or pre-existing medical conditions (such as allergies) prior to the start of the flatwater canoeing or kayaking trip. I agree that I have disclosed all health concerns on my registration form and informed Wild Women Expeditions' office in writing of any new health concerns since my initial registration, in advance of my arrival. Further, I understand and agree that it is my responsibility to ensure that I have adequate medial coverage, disability insurance, or any other necessary insurance prior to the start of the trip.

TRIP POLICIES:
By registering for a flatwater canoeing or kayaking trip, I affirm that I am able to swim, and/or able to keep my head above water under my own power.
I understand and agree to refrain from the use of any intoxicants while on a Wild Women Expeditions Inc. wilderness adventure and understand that my failure to abide by this agreement will result in the termination of services from Wild Women Expeditions Inc.
I have reviewed the recommended personal equipment list that was sent to me by Wild Women Expeditions Inc. and that I have packed accordingly. Any revisions that were made were done to reflect my medical needs, age, weather, and any other reasons that I judged as necessary.

Initial that you have read and understood the Health and Fitness Prerequisites and Trip Policies _____

ASSUMPTION OF RISKS:

I am aware that the flatwater canoeing or kayaking trip I have registered for has many inherent risks, including but not limited to:

- Transportation provided on the trip in a vehicle, train, or plane that someone other than you will be operating
- Falls on boat decks, docks, or slippery terrain, especially at the waters edge while entering or exiting the watercraft
- Portages
- Gales and strong winds, fog, or other environmental hazards
- Hypothermia, heat exhaustion or heat stroke, dehydration
- Insect bites, sunburn, windburn
- Musculoskeletal injuries such as sprains, strains, fractures, or dislocations
- Injury or illness resulting from remoteness (the inability to access rescue and professional medical help)
- Injury or illness resulting from rodents, birds, ticks and other insects, deer and other large animals, or the water borne Giardia parasite
- Immersion in cold water, or drowning
- Other hazards particular to the terrain, lake or river

I AM AWARE OF THE RISKS, DANGERS AND HAZARDS ASSOCIATED WITH PARTICIPATING IN THE FLATWATER CANOEING OR KAYAKING TRIP AND I FREELY ACCEPT AND ASSUME RESPONSIBILITY FOR ALL RISKS, DANGERS AND HAZARDS ON LAND AND WATER ASSOCIATED WITH THIS TRIP. I UNDERSTAND THAT THESE RISKS, DANGERS AND HAZARDS COME WITH THE POSSIBILITY OF PERSONAL INJURY, DEATH, PROPERTY DAMAGE OR LOSS RESULTING THEREFROM.

Initial that you have read and understood the assumption of risks _____

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND IDEMNITY AGREEMENT:

In consideration of being permitted to participate in the flatwater canoeing or kayaking trip as defined by the Wild Women Expeditions Inc. brochure, website and this Release Agreement, I agree as follows:

- To waive any and all claims that I have or may have in the future against the Releasees arising out of any aspect of my participation in the flatwater canoeing or kayaking trip. I understand that Wild Women Expeditions Inc. shall not be responsible for any delay, loss, injury, damage, accident, illness or death howsoever caused.
- To release the Releasees from any and all liability for any loss, damage, expense or injury, including death, that I may suffer or that my next of kin may suffer as a result of my participation in the flatwater canoeing or kayaking trip.
- To hold harmless and indemnify (reimburse) the Releasees for all actions, damages or costs arising from or in any way connected with my participation in the flatwater canoeing or kayaking trip.

This Release Agreement shall be governed by and interpreted in accordance with the laws of the Province of Ontario. Any litigation involving the parties of this Release Agreement shall be brought within the Province of Ontario.

I hereby release and forever discharge Wild Women Expeditions Inc., its directors, employees, agents, representatives, independent contractors, subcontractors, sponsors, successors and assigns from any and all claims, however arising, which may be sustained by me in connection with my participation in this programme. I confirm that I have read and understood this Release Agreement prior to signing it, and agree that this Release Agreement is binding on me, my heirs, executors, administrators, and assigned.

Today's Date

Name of Participant (please print clearly)

Signature of Participant

Name of Witness (WWE staff)

Signature of Witness