

WILD WOMEN EXPEDITIONS
RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS, AND
IDEMNITY AGREEMENT

(hereinafter the "Release Agreement")

BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.
PLEASE READ CAREFULLY.

For participants who are 18 years or older.

To be used for cycling and mountain biking trips.

Participant Name: _____

Name of Trip: _____ Date of Trip: _____

TO:

Wild Women Expeditions Inc., and its directors, employees, agents, representatives, independent contractors, subcontractors, sponsors, successors and assigns (all of whom are hereinafter collectively referred to as the "Releasees").

DEFINITIONS:

In this Release Agreement:

The term "cycling and mountain biking trip" shall include all activities, events, and services provided, arranged, organized, conducted or authorized by the Releasees as outlined in the Wild Women Expeditions Inc. brochure and website. This shall include but is not limited to: use of facilities, use of equipment, orientation and instruction, and other activities, events and services in any way connected to the cycling and mountain biking adventure.

HEALTH AND FITNESS PREREQUISITES:

I understand that participation on a cycling and mountain biking trip can place unusual stresses on the body, and that to participate in a Wild Women Expeditions Inc. sanctioned trip I must be in good physical health and reasonably fit. I have been advised to consult my medical practitioner if I have any concerns about my health, fitness, or pre-existing medical conditions (such as allergies) prior to the start of the cycling and mountain biking trip. I agree that I have disclosed all health concerns on my registration form and informed Wild Women Expeditions' office in writing of any new health concerns since my initial registration, in advance of my arrival. Further, I understand and agree that it is my responsibility to ensure that I have adequate medial coverage, disability insurance, or any other necessary insurance prior to the start of the trip.

TRIP POLICIES:

I understand and agree to refrain from the use of any intoxicants while on a Wild Women Expeditions Inc. wilderness adventure and understand that my failure to abide by this agreement will result in the termination of services from Wild Women Expeditions Inc.

I acknowledge that I have been advised to wear an approved helmet while cycling. I agree and acknowledge that it is my responsibility to ensure that my equipment is in good and safe working order.

I have reviewed the recommended personal equipment list that was sent to me by Wild Women Expeditions Inc. and that I have packed accordingly. Any revisions that were made were done to reflect my medical needs, age, weather, and any other reasons that I judged as necessary.

Initial that you have read and understood the Health and Fitness Prerequisites and Trip Policies _____

ASSUMPTION OF RISKS:

I am aware that the cycling and mountain biking trip I have registered for has many inherent risks, including but not limited to:

- Transportation provided on the trip in a vehicle, train, or plane that someone other than you will be operating

